

carefully cut
the line in,
then you
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the map





CENTER

- 1 Dwaze Zaken
- 2 Schreierstoren
- 3 Hofje van Wijs
- 4 Toko Dun Yong
- 5 Asia Station
- 6 Fo Guang Shan He Hue Temple
- 7 Nam Kee
- 8 Latei
- 9 In de Waag
- 10 Het Rembrandthuis
- 11 Waterlooplein
- 12 Puccini
- 13 Hermitage Amsterdam
- 14 Magere Brug
- 15 MaisonNL
- 16 Museum Geelvinck Hinlopen Huis
- 17 Foam
- 18 De Munt
- 19 Oudemanhuispoort
- 20 De Nes
- 21 De Laatste Kruiemel
- 22 Blue°
- 23 Vlaams Friethuis
- 24 Begijnhof
- 25 Amsterdam Museum
- 26 Het Houten Huisje
- 27 Manna Plaza
- 28 Koninklijk Paleis
- 29 Nieuwe Kerk
- 30 W139
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- 37 Int Aepjen

time to momo

Let op, dit is een voorbeeld. De echte versie heeft meer pagina's en kun je natuurlijk wel goed lezen.

ROUTE

center

ABOUT THE ROUTE

This is the most touristy walk in the book, featuring places for which Amsterdam is famous, such as the Red Light District, multicultural Zeedijk, and canal district. Varied and with a rich history, this walk leads through both busy and quieter areas. It's quite long, so you can also split it in two by walking back down the Oudezijds Achterburgwal when you've gone halfway to reach the starting point.

ALL DISTRICTS

If you arrive by train at Centraal Station, you step right out into Amsterdam's vibrant center. Many tourists get no further than Damrak, the Red Light District, and the Kalverstraat. But the center has a lot more to offer. Amsterdam owes much of its fame to the canal district, which was designated a UNESCO World Heritage Site in 2010. During the 17th century (the Netherlands' Golden Age), monumental buildings were built with large inner courtyards transforming the Kalverstraat from a muddy livestock market into a chic shopping street. Although today it's full of many of the usual chains, it's still possible to find some beautiful spots around the Kalverstraat, such as the Begijnhof, Beurs van Berlage, the Royal Palace on Dam Square, and the Amsterdam Museum. Around the large shopping streets you can also find many small streets with boutiques and specialty stores.

Wandering past the canals with their stately mansions, it's easy to forget that Amsterdam dates not from the Golden Age, but from much earlier, and was granted city rights in 1342. From modern maps, you can see how the medieval city was built around the port. There was once open sea where the Centraal train station now stands. Today, only the stretch of water next to Damrak remains. The world's most famous red light district, the Wallen, forms the oldest part of the city. While you may regularly stumble across drunken bachelor parties, you shouldn't miss this part of the center. The Zeedijk and Nieuwmarkt are full of countless cozy cafés, Asian shops, and eateries. In Amsterdam's Chinatown, you'll also find the Buddhist temple Fo Guang Shan He Hue, Europe's largest temple built in the traditional Chinese palace style. The city of Amsterdam is currently busy with large-scale Project 1012, the goal of which is to make the Red Light District and Damrak more attractive. There are already various fashion studios nestling in between the prostitutes.

NOT MUCH TIME

Waterlooplein + Magere Brug + Photography museum Foam + Begijnhof + Brouwerij De Prael

ROUTE DIRECTIONS (ca. 7.40 km)

WALK 1 (ca. 7,5 km)

Walk from Central Station to the Prins Hendrikkade for some slow food . Follow the street over the canal and admire the Schreierstoren . Turn into Oudezijds Kolk, then left on Zeedijk for a treat . Dive into Chinatown . Have a coffee and cake or walk on to café-restaurant In de Waag . Cross the Nieuwmarkt and walk along the water on Kloveniersburgwal. Turn left into Zandstraat and walk over the former cemetery to the Rembrandthuis . Cross Waterlooplein next to the town hall. Cross the bridge over the Amstel and head into Staalstraat for chocolates . Turn left onto Kloveniersburgwal cross the Amstel and walk straight ahead to Halvemaansteeg. Cross Rembrandtplein diagonally, walk into Utrechtsestraat and turn left onto the Herengracht. Walk to the Amstel and turn right to the Hermitage and Magere Brug . Without crossing the bridge, turn right onto the Prinsengracht and right again into Utrechtsestraat where you'll find a nice concept store . Cross the water and turn left down the Keizersgracht and past two museums . Turn right onto Vijzelstraat and keep going past the Munttoren . Cross the water again into Nieuwe Doelenstraat and take a left to walk through immediately right after the bridge to walk down theatre street Nes . Cross the bridge and turn left along the waters of the Rokin. Turn right into Olieslagersteeg and right again into Heiligeweg to reach restaurant Blue° . From the Kalvertoren turn into Voetboogstraat for the best Flemish fries . Keep walking down the street until you reach the gate through to the Begijnhof . Turn left down Gedempte Begijnensloot and through the Amsterdam Museum to Nieuwezijds Voorburgwal . Turn right, and right again on Mozes en Aäronstraat to reach the Dam, Koninklijk Paleis and the Nieuwe Kerk . Cross the Dam and take a left into Warmoestraat for experimental art and a chocolate heaven . Pause for a moment at the Beurs van Berlage . Turn left via the Paternostersteeg, walk back to Warmoesstraat and head down Wijde Kerksteeg to the Oude Kerk . Follow the street, turn left and walk down the Oudezijdsvoorburgwal to turn left again down Lange Niezel and back to the Warmoestraat for some homemade pasta . Turn right on Oudezijds Armsteeg

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for some special home-brewed beer and an unusual church . Walk back and finish at the
oldest pub in Amsterdam .



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1 DWAZE ZAKEN - FOOD & DRINK

You wouldn't expect to find such a cosy place opposite Centraal Station. But you'll soon feel completely at ease in this arty café. Dwaze Zaken (Foolish Matters) serves drinks as well as vegetarian, organic, fair trade and local produce. On Monday night you can take pot luck for just € 7. The café also often has live jazz performances and temporary exhibitions.

prins hendrikkade 50, www.dwazezaken.nl, mon-sat 9am-midnight, sun 9am-5.30pm, € 18, tram 1, 2, 4, 5, 9, 13, 16, 17, 24, 26 centraal station

2 SCHREIERSTOREN - SIGHTS

Dating from 1487, the Schreierstoren (Weepers' Tower) was once part of the city wall that ran along the harbour. Its name is said to come from the days of the Dutch East India Company, as it was here that the women of Amsterdam bade weeping farewells to their men. A nice story, though probably no more than that. Nowadays you can alight for coffee and lunch on the terrace over the water or inside the tower's nicely decorated interior.

prins hendrikkade 94-95, www.schreierstoren.nl, café open daily from 10am-1pm, fri-sat 10am-2.30am, sun noon-1am, free entrance, tram 1, 2, 4, 5, 9, 13, 16, 17, 24, 26 centraal station

3 HOFJE VAN WIJS - FOOD & DRINK

Home-roasted coffee beans are popular though that's nothing new, as Hofje van Wijs can testify – the business has been importing coffee and tea for over 200 years. In the peaceful courtyard, the bustle of the Zeedijk seems far away and you can sample what used to be luxury beverages, now consumed daily.

zeedijk 43, www.hofjevanwijs.nl, tue-sun noon-11pm, coffee from € 2.10, tea from € 3, tram 1, 2, 4, 5, 9, 13, 16, 17, 24, 26 centraal station

4 TOKO DUN YONG - SHOPPING

Toko Dun Yong is by far the largest, and at sixty, one of the oldest, Asian shops in the city. You'll find more than just food and drink in the building's six storeys – this is the place for all things Chinese, from cookware to books, music and china. Check out the restaurant on the second floor for some good noodle soup.

stormsteeg 9, www.dunyong.com, mon-sat 9am-6pm, sun 12-6pm, tram 1, 2, 4, 5, 9, 13, 16, 17, 24, 26 centraal station

5 ASIA STATION - SHOPPING

Asia is not only a source of ancient (culinary) traditions but also various new trends. Asia Station collects all the novelties that the continent has to offer – from bubble tea to beautiful Asian-style dresses, and from gadgets you've never seen before, to cosmetics from special Asian brands.

zeedijk 100, www.asiastation.nl, daily 11.30am-9pm, tram 1, 2, 4, 5, 9, 13, 16, 17, 24, 26

centraal station

6 FO GUANG SHAN HE HUE TEMPLE - SIGHTS

The Fo Guang Shan He Hue Temple is the largest Chinese Buddhist temple in Europe. It's in active use for Buddhist celebrations and you can follow courses in Chinese or Buddhism there. Alternatively, take a guided tour, but you'll need to book in advance.

zeedijk 106-118, www.ibps.nl, tue-sat 12-5pm, sun 10-5pm, free entrance, tram 1, 2, 4, 5, 9, 13, 16, 17, 24, 26 centraal station

7 NAM KEE - FOOD & DRINK

Nam Kee is well-known thanks partly to the book *Oesters van Nam Kee* by Kees van Beijnum, and partly because of Dutch actress Katja Schuurman's steamy performance as a night club dancer in the film version. The restaurant provides mainly good, cheap authentic Chinese cuisine, albeit in harsh, fluorescent lighting.

zeedijk 111-113, www.namkee.net, daily 12-11pm, € 12, tram 1, 2, 4, 5, 9, 13, 16, 17, 24, 26 centraal station, metro 51, 53, 54 nieuwmarkt

8 LATEI - FOOD & DRINK

You might expect to find Latei in an area like De Pijp or the Jordaan, rather than here between Chinese eateries. It's not only the place for a good cup of coffee, but also for lovers of curiosa from the sixties and seventies. Everything you see is for sale.

zeedijk 143, www.latei.net, mon-wed 8am-6pm, thu-fri 8am-10pm, sat 9am-10pm, sun 11am-6pm, € 4, tram 1, 2, 4, 5, 9, 13, 16, 17, 24, 26 centraal station, metro 51, 53, 54

9 IN DE WAAG - FOOD & DRINK

De Waag originally formed part of the medieval city walls. The building already stood there in 1425, when it was called St. Anthony's Gate. In the 17th century it was converted into a weighing house. Since then it has housed a guild, museum, fire station and the anatomical theatre that formed the setting for Rembrandt's painting *The Anatomy Lesson of Dr. Nicolaes Tulp*. Today, you can lunch, snack or dine at restaurant In de Waag. There's a lovely view from the terrace of the imposing Weigh House.

nieuwmarkt 4, www.indewaag.nl, daily 10am-4pm, 5-10.30pm, € 23, tram 1, 2, 4, 5, 9, 13, 16, 17, 24, 26 centraal station, metro 51, 53, 54 nieuwmarkt

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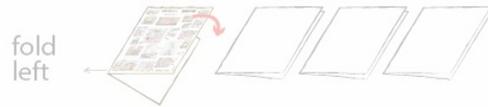
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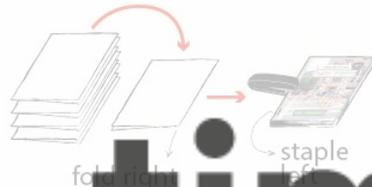
1. Fold the last page (the map) in four, as depicted on the right (with the printed side facing up) and put aside for now.



2. Fold the other pages one by one with the print on the outside and stack them with the fold on the left side.



3. Turn over the stack of papers so the fold is on the right side and staple together on the left side to form a booklet.



4. Make a small incision on the first page to slide in your map.



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CREDITS

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LOCAL

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LOCAL NAME
FEMKE DAM

Kent de stad beter dan vrienden die er al veel langer wonen en doet niets liever dan iedereen vertellen hoe leuk het hier is. Houdt van nieuwe adresjes en vooral koffietentjes, lekker eten, picknicken in het (Wester)park en de zondagochtend als Amsterdam bijna dorps aandoet. Favoriet: met het pontje naar Noord, dat is bijna vakantie.